



TAMI GAINES

Keynote Speaker | Business Accelerator | Entrepreneur | Author

FROM PLATEAUS TO PEAKS: THE TAMI GAINES ADVANTAGE



About Tami

Tami Gaines is a dynamic speaker who helps organizations break through growth ceilings with proven, actionable frameworks. Drawing from both corporate leadership and entrepreneurial success, she brings a refreshingly practical approach to organizational transformation. Known for her high-energy, no-nonsense style, Tami connects with audiences from small teams to gatherings of 800,000. She employs accelerated learning techniques that help participants learn more, faster, and retain critical concepts. When assessing growth challenges, Tami focuses on identifying root causes rather than symptoms, enabling organizations to align their people with expanded vision and accelerate their growth trajectory. Tami doesn't just inspire—she delivers results.

"Most organizations don't need more tactics—they need transformation." -- Tami Gaines



Most Popular Presentations & Workshops



Beyond Birthdays: Building High-Performing Multi-Generational Teams

Today's workplace often spans five generations, each with unique communication styles and technological approaches. This session reveals strategies to transform these differences into competitive advantages. Discover techniques for cross-generational mentorship, adaptive communication, and creating environments where diverse perspectives drive innovation. Learn to leverage generational strengths while avoiding stereotypes to maximize team performance in an age-diverse workforce.

From Scroll to Sale: Mastering High-Converting Content

In this hands-on workshop, I'll share my proprietary growth hack approach to creating high-converting content that strategically addresses each stage of the buyer journey. My framework combines persuasive content structures with data-driven optimization techniques to maximize engagement and conversion at every touchpoint. Participants will engage in practical exercises and leave with actionable templates to immediately implement these conversion-focused methods, transforming your content strategy into a systematic revenue driver.

The Resilience Mindset: Building Organizations That Adapt, Recover, and Thrive

In today's volatile business environment, organizational resilience has become a critical capability rather than a contingency plan. This people-focused workshop explores how to develop a resilience mindset across all levels of your organization. Learn practical strategies for fostering psychological safety, developing adaptive leadership, and building team cohesion that enables swift recovery from setbacks. Discover how investing in your people's well-being and capabilities creates the foundation for an organization that doesn't just survive disruption but leverages challenges as opportunities for growth and innovation.

Balanced Minds, Better Work: Strategies for a Mentally Healthy Workplace

In today's demanding work environment, employee mental health directly impacts organizational success. This session provides practical approaches to preventing burnout, managing workplace stress, and building team resilience. Learn to identify early warning signs of mental health challenges and implement effective interventions. Discover actionable strategies for creating a culture where well-being is prioritized and stigma is reduced. Participants will gain practical tools to foster mentally healthy work environments that enhance both employee satisfaction and business outcomes.

Command the Room: Mastering the Art of Magnetic Presentations

Master the art of commanding attention and inspiring action through powerful presentations. This dynamic, interactive workshop equips you with proven techniques to captivate any audience, craft compelling stories, and deliver with authentic confidence. Transform from an effective speaker into an unforgettable one.



What She's Done

Corporate Strategist



Worked with Fortune 100 companies like Goldman Sachs, Health & Hospitals Corporation, Unilever, and the New York City Department of Transportation to enhance leadership and business success.

Keynote Speaker



Delivered powerful presentations to audiences as large as 800,000, offering insight and inspiration on resilience, leadership, and personal growth.

Featured In & On

The Wall Street Journal, NPR, New York Daily News, and dozens of other outlets.

Awards

- Named a "Woman to Know" by the YMCA for her accomplishments in business and empowerment.
 - Nominated for "Entrepreneur of the Year" by Ernst & Young
-

Author

Fighting Fear, Premie Parents, 26 Ways to Grow with Your Premature Baby, and Life Lessons from the Soil.

Podcast Host

Host of the first-ever talk show picked up by iHeart Radio. Today hosts *Executive Awesomeness: Earned Resilience*, a livestream that highlights executives' rise to the top



WHAT PARTICIPANTS ARE SAYING



Tami Gaines completely shifted our approach to leadership and resilience. Her message resonated with our team and left a lasting impact.

~ **Gian J.**



Tami's presentation was exactly what we needed. Her ability to connect with the audience and provide practical, relatable advice set her apart from other speakers.

~ **Linda S.**



Meeting Tami was an experience, to say the least. She moves with an easy, welcoming vibe that makes it easy to connect with her. Tami is a visionary who will not allow mountains to stop her from achieving her big world-changing dreams. She aims to help women rise from challenging situations and step into their own power.

That was all before I got to see her speak at an international speaking event. She commanded that stage. If you get the chance to work with her, you will be blown away. I am so looking forward to working with Tami again in the future.

~ **Ligia Elena M.**



Meeting Tami was more than a treat. To be honest, I was borderline intimidated by her wisdom, experience, and network. You won't find a better speaker, coach, trainer, and all-around decent human being. If you are fortunate enough to work with her, consider yourself very lucky.

~ **Doug C.**



Tami Gaines always did high-quality work with our Aspiring Principals at the New Leaders organization. She helped them access the more nuanced traits of good leadership, especially as they related to standing in one's own truth and power when presenting to audiences of all sizes and makeups. She has a presence that others often tried to emulate. I highly recommend her to work with any individual or team looking to take things to the next level.

~ **Clyde C.**



SAMPLE VIDEOS

Platform Speaker:



Tami Gaines Talks Resilience
in India

Showcase:



Overcoming Adversity Part 2
Tami Gaines - Daily Locker
Room Showcase



The Courage To Overcome

lets talk

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